INDIAN STYLE	Prep	Cook
SHEPHERD'S PIE	20 min	1 h 20 min
Here we've got a family favourite of shepherd's pie but we've	Heat	Serves
given it the Curry Legend makeover with a delicious Indian twist!	((((()	6

500g lamb mince (or use beef mince to make a cottage pie) 1Kq floury potatoes peeled and chopped into large chunks 1 large onion finely chopped 2 cloves of garlic finely chopped 2 medium carrots finely chopped 100ml full fat milk 50g butter 400g tin of chopped tomatoes 300g tin of marrowfat peas drained (or use frozen peas) 3 tsp JEERA BLEND

MIRCHI BLEND

METHI BLEND

HALDI BLEND

2 tsp

2 tsp

3 tsp

- Boil the potatoes in salted water for 15 minutes or until tender then drain well
- 2
- Fry 3 tsp **JEERA BLEND** in 2 tbsp of oil for 30 seconds or until the seeds just start to pop and jump around
- 3

8

- Add the onion and garlic and cook for 5 minutes or until beginning to soften
- Add the lamb and carrots and cook for 10 minutes or until the mince is beginning to brown around the edges
- Add the chopped tomatoes, 200ml water, the peas, 1 tsp salt, 2 tsp <u>MIRCHI BLEND</u>, 2 tsp <u>METHI BLEND</u> and 1 tsp <u>HALDI BLEND</u>. Cook for 20 minutes or until the sauce is rich and thick (add a splash of water if the pan dries out too much)
 - Preheat the oven to 190°C/gas mark 5
 - Mash the drained potatoes with the milk, butter, 2 tsp <u>HALDI BLEND</u> and ½ tsp salt until really smooth
 - Spoon the lamb mixture into an oven proof dish and spread the mashed potato over the top. Bake for 40 minutes or until bubbling around the edges and golden on top

INDIAN STYLE SHEPHERD'S PIE



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ALSO WORKS A TREAT WITH... Beef mince to make a cottage pie RAISE YOUR GAME BY ...

Using slow-cooked shredded lamb in place of the mince