

ε^{χτ R}Δς #**6**

ALSO WORKS A TREAT WITH...

4 chicken legs or large thighs on the bone - remove the bones and shred the meat before frying

RAISE YOUR GAME BY...

Using 1kg goat or mutton on the bone to flavour the broth - remove the bone and shred the meat before frying







JALISCAN BIRRIA

Birria is a popular dish from Guadalajara traditionally made with cheap cuts of meat, often goat, mutton or beef which are slow cooked in a broth flavoured with chillies, tomatoes and spices. Serve the meat inside tortillas then dip into the broth before eating!

Prep 15 mins	Cook 1 hr 50 mins
Heat	Serves
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500g diced lamb, goat or beef

- 1 large onion finely chopped
- 3 cloves of garlic finely chopped
- 3 tomatoes roughly chopped

½ lime



- In a large saucepan fry the onion and garlic in 1 tbsp oil for 5 minutes or until soft and beginning to brown
- Add the lamb, 1 tsp <u>CANELA</u>
 <u>BLEND</u>, 2 tsp <u>ORÉGANO BLEND</u>
 and 1 tsp salt then cook for 10
 minutes or until beginning to brown
 around the edges
- Blend the tomatoes with 3 tsp

 ANCHO BLEND and ½ tsp

 CHIPOTLE BLEND to a smooth sauce
 (adding a splash of water if necessary)
- 4 Stir the sauce and 600ml water into the browned lamb then cover and simmer for 1 ½ hours or until the lamb is completely tender
- 5 Scoop the lamb out of the birria (reserving the broth to serve at the table don't worry if you also scoop out some of the onion!). Fry the lamb in 1 tbsp oil for 5 minutes or until beginning to caramelise around the edges
- 6 Stir the juice of the ½ lime into the birria broth then serve the broth with the lamb on the side