

6×TR45 #47

ALSO WORKS A TREAT WITH...

 A finely chopped pepper or 2 finely chopped tomatoes in place of the onion

RAISE YOUR GAME BY...

Adding some crispy bacon with the coriander!







MASALA OMELETTE WRAPS WITH TOMATO CHILLI KETCHUP

Prep Cook
10 mins 30 mins

Heat

Serves 4

Here we're combining two of our favourite Indian street foods, the kathi roll and the masala omelette, to create a fun and easy dish for breakfast or brunch. The eggs - coloured and flavoured with **HALDI BLEND** - are spiced up with a simple tomato chilli ketchup and fresh coriander to make an exciting and family-friendly treat.

7 4

8 **eggs** (any size)

1 onion - finely chopped

15g **bunch of coriander** - finely chopped

4 large **tortillas** or **wraps**

50g tomato puree

1 tbsp **sugar**

1 tsp

1 tsp cornflour

2 tbsp **vinegar** (white wine or cider vinegar is best)

Fry 2 tsp <u>JEERA BLEND</u> in 2 tbsp oil for 30 seconds or until the seeds just start to pop and jump around

Add the onion and ¼ tsp salt then fry for 10 minutes or until soft. Remove from the pan and leave to one side

Mix 2 tsp <u>HALDI BLEND</u>, 2 tsp <u>METHI BLEND</u> and 1 tsp <u>MIRCHI BLEND</u> to make a curry powder

Boil 150ml water with the tomato puree, vinegar, sugar, ¾ of the curry powder and ¼ tsp salt for 5 minutes or until the liquid has reduced by ⅓. Mix the cornflour with a splash of water and stir into the tomato mixture. Bring to the boil then remove from the heat and leave to one side

Whisk the eggs, 4 tsp <u>HALDI BLEND</u> and 1 tsp salt until fully combined

Heat a frying pan with 1 tbsp oil until very hot then pour in ¼ of the egg mixture. Cook for 1 minute or until the egg has just started to set

Spoon ¼ of the onion mixture over the egg and place a wrap on top. Cook for 2 minutes or until the omelette has set to the wrap, then flip and cook for 2 minutes or until the wrap is golden brown and the egg is cooked. Repeat for the remaining 3 wraps, stacking to keep warm

Serve each wrap rolled up with a sprinkle of coriander and a pinch of the remaining curry powder inside, and the tomato chilli ketchup on the side



MIRCHI BLEND